



Breakfast Matters: Principal Champions for Breakfast After the Bell in Secondary Schools

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Agenda

- Overview
 - Mieka Sanderson, Food Research and Action Center
 - Joan Auchter, National Association of Secondary School Principals
- Report Findings
 - Mieka Sanderson, Food Research and Action Center
- Launching a Successful Program: Knoxville, TN
 - Karen Loy, Principal, Northwest Middle School
- Building a Sustainable Program: Seattle Schools, WA
 - Keven Wynkoop, Principal, Ballard High School
- Q & A

High School Students and Breakfast



NASSP



Vision

Great leaders in every school committed to the success of each student.

Mission

Connect and engage school leaders through advocacy, research, education, and student programs.

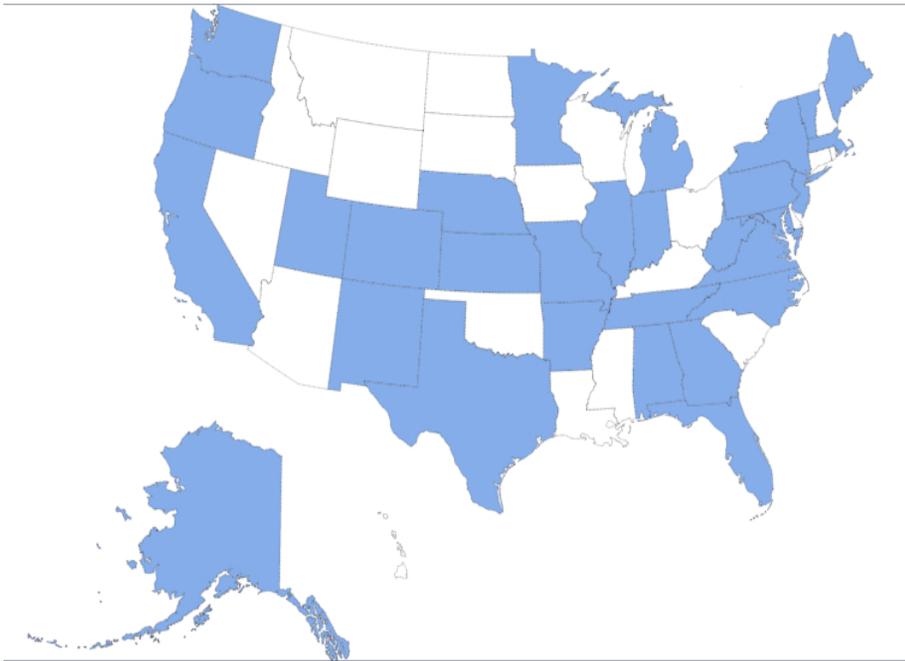
Why This Work Is Important

- Underscores commitment to learning
- Ensures basic needs are met first so that learning can happen
- Provides models of successful implementation to the field

Anticipated Impact of Report

- Principals who share similar challenges can legitimize program
- Principals value hearing stories from colleagues – “authentic voice”
- Report will spark conversations and pilot programs to ensure each student has a healthy start each day

Map of states with districts that participated in the survey



Blue states – Participating districts
White states – Non-participating districts

Report Overview:

- Captured experiences of secondary school principals implementing breakfast after the bell programs
- 105 secondary school principals surveyed
- 67 districts, 31 states represented

Report Findings



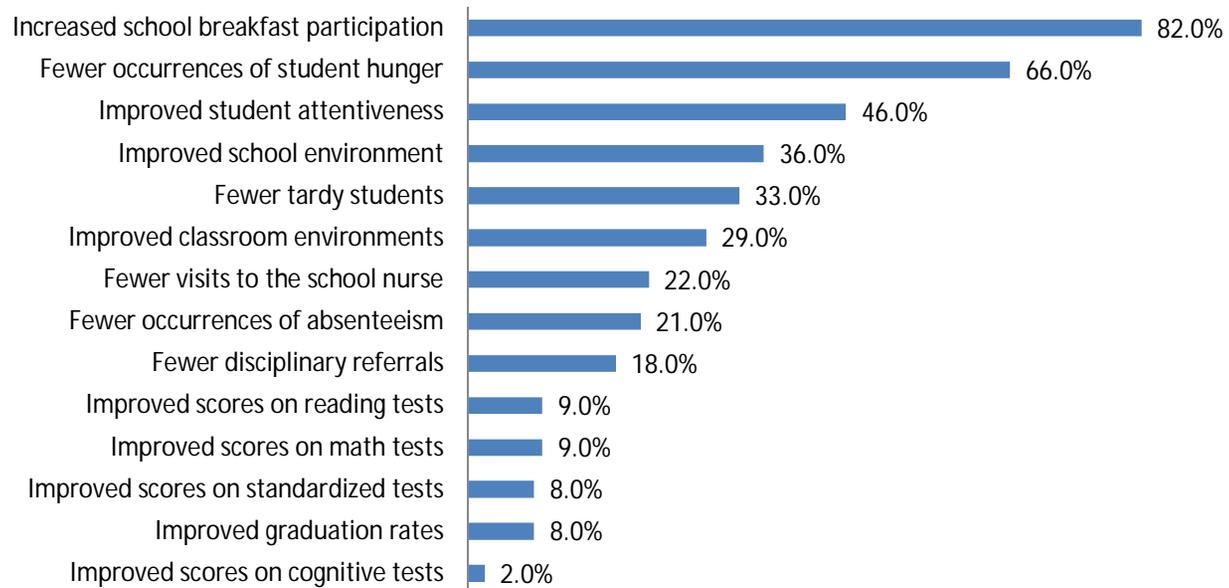
- **87%** of surveyed principals recommend a breakfast after the bell program to their colleagues.

“I would encourage any administrator to try this [breakfast after the bell] program for their school.”

-Principal, Richmond Public Schools, Virginia

Report Findings

Positive Outcomes of Breakfast After the Bell



Report Findings

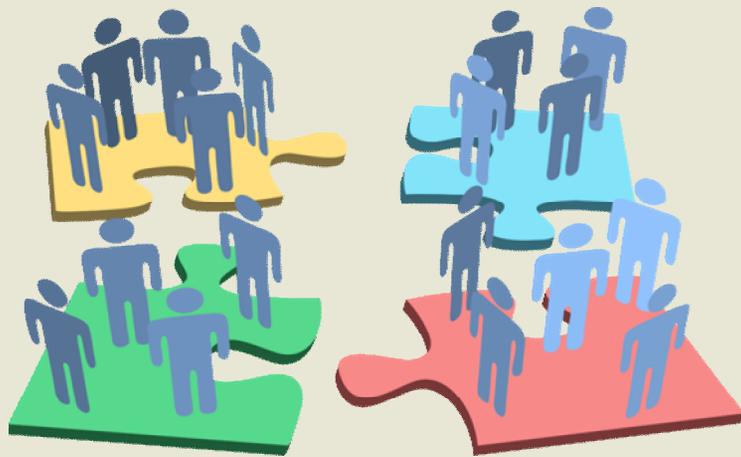


- **61%** of principals did not encounter logistical issues with implementing a breakfast after the bell program

Best Practices:

- Work closely with teachers and staff early in planning process
- Provide training
- Educate stakeholders
- Increase garbage cans
- Gather feedback
- Adjust staffing as necessary

Report Findings



Principals reported widespread support of their schools' breakfast after the bell programs.

Stakeholder Support

- 90% of principals reported student support
- 89% of principals reported teacher support
- 87% of principals reported parent support

Northwest Middle School: Launching a Successful Breakfast After the Bell Program



Karen Loy, Principal
Northwest Middle School, Knoxville, Tennessee

Northwest Middle School



Overview

- District: Knox County Schools
- Grades: 6 - 8
- Student Enrollment: 850
- 82% poverty
- Breakfast Model: "Grab and Go"

Northwest Middle School

Social Justice Framework

- Student Service Department
- PBIS
- Academic Interventions
- AVID



Northwest Middle School Launching a Successful Program



- District Approach
- Reframing the program pitch
- Teacher- driven
- Training students
- Modifying as needed

Ballard High School: Building a Sustainable, Innovative School Breakfast Program



Keven Wynkoop, Principal
Ballard High School, Seattle, Washington

Ballard High School



Overview

- District: Seattle Public Schools, WA
- Grades: 9 – 12
- Student Enrollment: 1,710
- Breakfast Model: Second chance breakfast

Ballard High School



2nd Chance Breakfast

- At least 2x the Students
- Removing Barriers for Low Income Students
- Importance of Food to Learning

Ballard High School



Building a Sustainable Program

- Educate Teachers about the Importance
- Work With State Legislators
- Prepare Students for Success



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Questions?

Connect With FRAC



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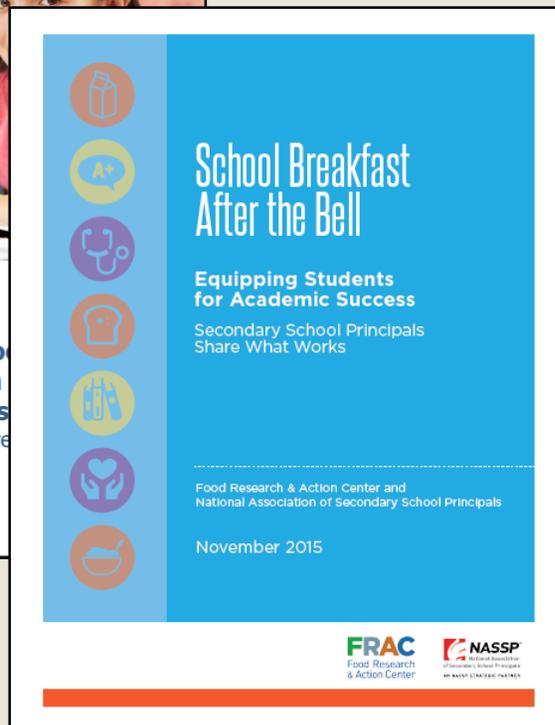
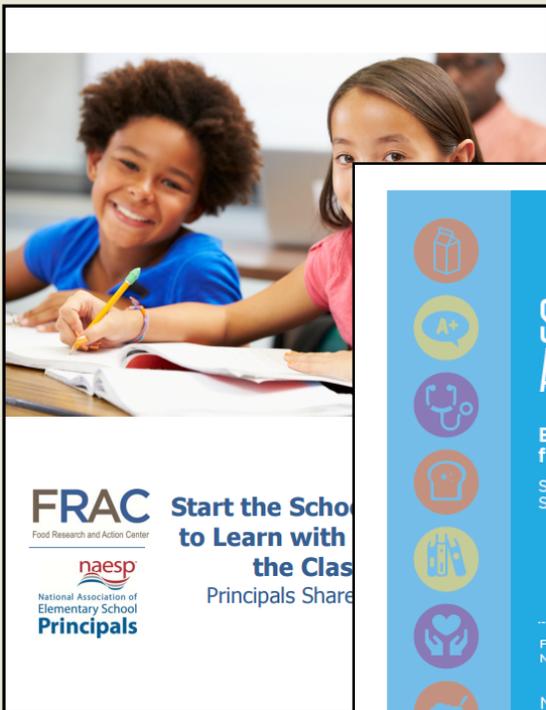


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Principals' Reports



Next steps:

- Download the report
 - Elementary
 - Secondary
- Share broadly
 - Social Media
 - Newsletters
- Advocacy efforts
 - Conversation facilitator
 - Couple with other resources



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Thank you!

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